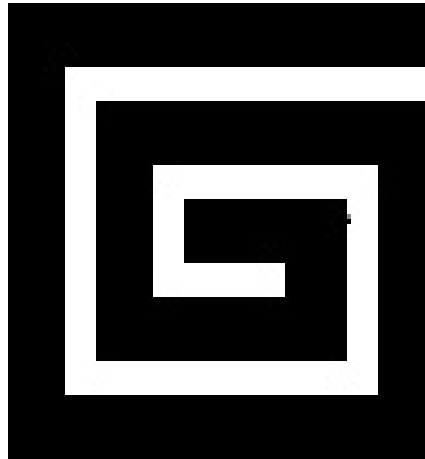


# Substance Abuse & Mental Health Ombudsman Program

## Ombudsman's Corner

SAMHOP has used this summer's great weather as an opportunity to travel around the State visiting various people and programs. We continue to be impressed with people around the State who work tirelessly in their efforts toward bettering the lives of people with substance abuse and/or mental health issues. One of the programs we visited was Cloud Peak Counseling Center in Worland, WY. Cloud Peak has recently instituted a Crisis Stabiliza-

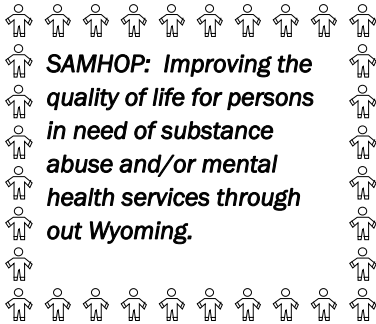


**SAMHOP can help people navigate the maze of confusing systems**

tion Facility. Crisis Stabilization Facilities are important because they divert people from potentially traumatizing levels of care such as inpatient hospitalization or jail, and into emergency treatment

in a home like, trauma informed atmosphere. Dave Harrington, Case Manager for Cloud Peak Crisis Stabilization Facility had this to say:

“Residents of the Big Horn Basin now have a new option for treatment when they find themselves in need of care for a mental health crisis. Cloud Peak Crisis Center, located in Worland, is a five bed facility that provides a short term inpatient stabilization program. The treatment plans are specifically designed with



**SAMHOP: Improving the quality of life for persons in need of substance abuse and/or mental health services through out Wyoming.**

### Contact SAMHOP staff:

Emily Smith (Main office and full time Ombudsman) 307-632-5519 or 1-888-857-1942

Kenna Hill—  
Evanston area 307-214-7717

Dawn Stewart—  
Northern Wyoming  
307-630-4583

### NAMI Walks—Changing Minds. . . .one step at a time.

NAMI Wyoming is pleased to join more than 80 communities sponsoring NAMI-Walks across the country. NAMI Wyoming is excited to participate and raise awareness about mental illness in Wyoming.

This 5k event will be held on October 1, 2011 on the Platte River Parkway at Crossroads Park in Casper, WY (near Mike Lansing Field) at 1:00 p.m.



*"Sometimes All It takes Is One Voice"*



**Can't make it Casper for NAMI WALKS?**

Become a virtual walker and participate from anywhere. To learn more about virtual walking, to make a donation, create/join a walk team or for general information visit NAMI's walk website at <http://www.nami.org/namiwalks/WY>

Or contact Anna Edwards at (307) 265-2573 or [aedwards@nami.org](mailto:aedwards@nami.org)

**Ombudsman's Corner Cont.**

The treatment plans are specifically designed with the resident's input. The goal of returning the resident to their home community in the most efficient timeframe and with needed supports in place to allow for successful reintegration is our ultimate goal. Treatment timeframes are individually set and reassessed with the resident and can run from a few days up to 30 days. Cloud

Peak Crisis Center has a voluntary admission policy. Admission applications are taken through the local Community Mental Health Centers in the Basin. Most of our residents have come through a visit to an emergency room with assessment by the on-call therapist. Many have been given the option to come to Cloud Peak as an alternative to Emergency Detention under Title 25. We also take emergency

holds under Title 25. Though we are not a locked facility we have staff secured observation for all residents at levels depending on their status. For admission information on Cloud Peak Crisis Center contact your local Community Mental Health Center or contact us directly at:

Cloud Peak Crisis Center  
510 South 15<sup>th</sup> St.,  
Suite E  
Worland, Wyoming  
82401

**NAMI Walks Cont.**

The goal of the WALK is to raise both money and awareness of the need for our community to support a world-class treatment and recovery system for people with mental illness. All of the proceeds from the WALK will be used locally by NAMI Wyoming and our local affiliates in the following ways:

- To provide support to persons with serious mental illnesses and to their families
- To educate families and individuals
- To advocate for nondiscriminatory and equitable policies at the federal, state, and local levels and in the private sector
- To advocate for improved opportunities for housing, rehabilitation and meaningful jobs
- To support public education programs designed to help eliminate the pervasive stigma surrounding severe mental illness

Walk day will be full of fun activities, door prizes, t-shirts, contests and much more!

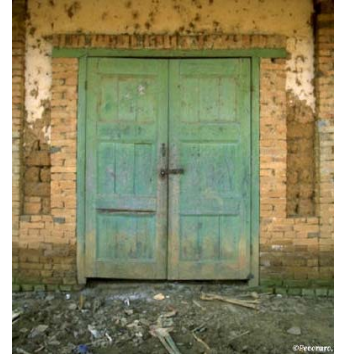
For more information, to join/create a team, or to make a donation contact Anna Edwards at (307) 265-2573 or by email at



## SAMHOP to present at WYSAGE Conference

SAMHOP will be giving a presentation at the WYSAGE conference at Snow King in Jackson, WY, at the end of September. The presentation will include: reasons why SAMHOP exists, the services SAMHOP can provide, reasons to give SAMHOP a call and an open discussion. WYSAGE (Wyoming Survivors Association for Greater Empowerment) is an

active statewide membership organization including Wyoming adults with mental health and co-occurring diagnoses, their families and supporters. This year's conference, "Our Voices Our Choices" features an excellent lineup of break out session and includes two nationally recognized featured speakers. There is no registration fee for this con-



**SAMHOP, opening doors to mental health and substance abuse treatment**

ference. For more information, call the Behavioral Health Division at the Wyoming Department of Health.

1-800-535-4006

*If you would like the Substance Abuse and Mental Health Ombudsman to attend your community group meeting or speak at your event, call (307) 632-5519 for scheduling*

The Wyoming Department of Health has recently made some exciting changes! The Developmental Disabilities Division, and the Mental Health and Substance Abuse Division have merged to create the Behavioral Health Division. The Wyoming State Hospital and the Wyoming Life Resource Center now fall under the Behavioral Health Division. The Senior Administrator of the Behavioral Health Division is Chris Newman. In addition, mental health and substance abuse services has recently added Alice Russler as their Administrator. Alice will start in her new position on September 6th. To learn more, go to <http://www.health.wyo.gov/news.aspx?NewsID=475>

Or call: (800) 535-4006  
(307) 777-6494

## Our Staff

Sue Mydland, the Executive Director of Wyoming Guardianship Corporation, will be retiring in September! Sue has been a champion for people with mental illness, substance abuse issues, brain injuries and intellectual disabilities for many years in the State of Wyoming. She will be missed.

Prefer Email?  
**Email us at:**

[Guardian.ombuds@gmail.com](mailto:Guardian.ombuds@gmail.com) Emily Smith & Main Office email

[Samhop.evanston@gmail.com](mailto:Samhop.evanston@gmail.com) Kenna Hill—Evanston area

[Northernwy.ombuds@gmail.com](mailto:Northernwy.ombuds@gmail.com) Dawn Stewart—Northern

Wyoming

WYOMING  
GUARDIANSHIP  
CORPORATION

SAMHOP  
P.O. Box 2778  
Cheyenne, WY 82003

Phone: 307.632.5519  
or 888.857.1942  
E-mail:  
guardian.ombuds@gmail.com

This data includes all individuals for whom a formal intake was done. Some cases are still open. Data totals may not be equal because in many cases, individuals fell into more than one category.

Person served by age	Jan - Mar	Apr - June
Under 18	3	3
18 - 24	5	6
25 - 44	5	7
45 - 64	6	8
65 and over	6	4
Not reported/unknown	66	49

Persons Served By Coun-	Jan - Mar	Apr - June
Albany	1	5
Big Horn	0	0
Campbell	1	4
Carbon	0	2
Converse	3	1
Crook	0	0
Fremont	1	5
Goshen	4	1
Hot Springs	1	0
Johnson	0	0
Laramie	30	28
Lincoln	2	0
Natrona	4	7
Niobrara	1	0
Park	2	2
Platte	0	0
Sheridan	8	2
Sublette	0	1
Sweetwater	0	1
Teton	0	3
Uinta	30	10
Washakie	0	0
Weston	2	2
Out of State/Unknown	1	2
<b>TOTALS</b>	<b>91</b>	<b>76</b>

We're on the web!  
[www.wyomingguardianship.org](http://www.wyomingguardianship.org)

Top 4 reasons for calling	Jan-March	Apr-June
Care or Treatment Issues	36	18
Discharge Planning	21	8
Locating appropriate placement	16	13
Access to MH Services	15	15

Persons served by ethnicity	Jan - Mar	Apr - June
American Indian/Alaska Native	0	1
Asian	0	0
Black/African American	0	0
Caucasian	45	29
Spanish	5	6
Other	5	9
Unknown/Not reported	36	31
<b>TOTALS</b>	<b>91</b>	<b>76</b>

Special Populations	Jan-Mar	Apr-June
Serious Mental Illness	68	55
Other Mental Health Issue	22	8
Traumatic Brain Injury	1	2
Developmental Disability	5	9
Substance Abuse	26	22
Dual Diagnosis MI/DD	6	6
Dual Diagnosis MI/SA	14	18

